

## NAUTIS Counselling Center

*Service description in English language.*

### How we can help:

- We will help you to get oriented in your situation, find a suitable solution and plan required steps to reach it.
- We will guide you to secure your rights and legitimate interests.
- We will support you in dealing with your personal relations, state administration, follow-up services and other institutions.
- We will help you to understand the autism spectrum disorder generally as well as a part of your life.

### How we do it:

- The employees of our counselling center will hear you out, they will ask what your previous attempts of solution were. On this basis, they will provide you with relevant information on what are other possibilities to reach your goal and where you can get a follow-up help. In case you need it, you will be also offered an accompaniment.

### Who will be helping you:

- In our counseling center, you will be in touch with social workers whose competence is to get an understanding of your situation and respond to it adequately by proposing options for its solution. Information on the diagnosis of autism spectrum disorder will be provided by psychologists. A lawyer will help you find your way around the law.

### How you can contact us:

#### *E-mail*

- You can write us at [poradna@nautis.cz](mailto:poradna@nautis.cz). We will reply you within 5 working days at the latest.

#### *Facebook*

- You can also message us on our Facebook page **Národní ústav pro autismus – NAUTIS**. You will be also replied within 5 working days at the latest.

#### *Telephone*

- You can also call us on **+420 774 426 028**. If you won't be able to reach us immediately, we will call you back. In case you are only able to accept incoming calls, you can send us an e-mail or a text message and we will call you. We are able to talk to you on the phone for a maximum of 60 minutes at one time. In case you will be interested, we will then send you a sum up of the agreed-on contacts and information via e-mail within 5 working days.

*In person*

- After prior telephone or e-mail agreement, we will be happy to meet you in person at our center. If necessary, we can also visit you in Prague and the surrounding area. We will offer you a personal consultation always within 15 working days from the date of the agreement. The personal consultation lasts a maximum of 90 minutes. If you are interested, we will send you the results of the consultation within 10 working days, including the agreed contacts and information, by e-mail.

**Contact:**

**Address:** Sokolovska 87/95, Praha 8 – Karlín, 186 00

**Telephone:** +420 774 426 028

**E-mail:** poradna@nautis.cz